

Prifysgol Wreccsam Wrexham University

Module specification

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Module Code	FAW703
Module Title	Player Performance and Development Pathways
Level	7
Credit value	20
Faculty	FSLS
HECoS Code	100095
Cost Code	GASP
Pre-requisite module	N/A

Programmes in which module to be offered

Programme title	Core/Optional/Standalone
MSc Football Science & Coaching	Core

Breakdown of module hours

Learning and teaching hours	12 hrs
Placement tutor support hours	0 hrs
Supervised learning hours e.g. practical classes, workshops	9 hrs
Project supervision hours	0 hrs
Active learning and teaching hours total	21 hrs
Placement hours	0 hrs
Guided independent study hours	179 hrs
Module duration (Total hours)	200 hrs

Module aims

This module aims to appraise a variety of approaches to both training and playing curriculum design, whilst also appraising contemporary approaches to development. This module also aims to share insights and approaches from the field and the contemporary nature of this module requires students to approach content with an open mind and indeed position the knowledge exchanged within their own philosophy. This module seeks to challenge existing beliefs and practices in pursuit of a more evidence-based player development methodology.

Module Learning Outcomes

At the end of this module, students will be able to:



1	Critically appraise contemporary methods of player development.
2	Explain the impact the appraised methods of player development have on performance.
3	Investigate the player development pathway of a specific elite football environment.
4	Investigate the player performance pathway of a specific elite football environment.
5	Provide evidence-based recommendations to enhance the development of players and its impact on future performance.

Assessment

Indicative Assessment Tasks:

This section outlines the type of assessment task the student will be expected to complete as part of the module. More details will be made available in the relevant academic year module handbook.

Group Project: Working in a group, the students will create a 45 minute presentation of which provides an appraisal of contemporary methods of player development within football. The presentation will provide details as to how these methods impact on player performance, utilising objective data and contemporary research to support the content of the presentation.

Written Assignment: Students will work independently to undertake a case study approach to this assessment. Students will identify a club or organisation in order to investigate their method of developing players. Using contemporary literature and research, students will highlight key strength and areas of development furthermore, how these recommendations will impact on future performance.

Assessment number	Learning Outcomes to be met	Type of assessment	Duration/Word Count	Weighting (%)	Alternative assessment, if applicable
1	1 & 2	Group Project	45 minutes	40	N/A
2	3, 4 & 5	Written Assignment	2500 words	60	N/A

Derogations

N/A

Learning and Teaching Strategies



The taught elements of this module will be delivered using a classroom/online blend in line with the Active Learning Framework. Classroom activities will consist of lectures, tutorials, group activities, practical tasks and self-directed study tasks. Students will also find session extension tasks on Moodle to be studied asynchronously.

Welsh Elements

The programmes will be delivered through the medium of English. Students are entitled to submit assessments in the medium of Welsh. If students wish to converse in Welsh, they will be assigned a Welsh speaking personal tutor. Support can also be made available for Welsh language students via Coleg Cymraeg Cenedlaethol where students can present their research at their conferences through the Welsh Language. Students will be sign posted to relevant opportunities via the VLE and MS Teams page.

Indicative Syllabus Outline

- Contemporary methods of player development
- Phase specific insights
- Coaching considerations
- Holistic integration
- Psychosocial pillar
- Skill Acquisition
- Specific considerations e.g. growth and maturation
- Multi-Sport exposure
- Case study examples

Indicative Bibliography:

Please note the essential reads and other indicative reading are subject to annual review and update.

Essential Reads

Football Association of Wales (2020) *The Welsh Way – First Kick to National Team*. Available from <https://faw.cymru/national-syllabus/>

Other indicative reading

Cone, J. and Smith, G. (2022). *Player Development: The Holistic Method*. United Kingdom: Taylor & Francis.

Administrative Information

For office use only	
Initial approval date	20/11/2024
With effect from date	September 2025
Date and details of revision	
Version number	1.0